

Hello From Moyer

Thank you Summer Reading Sponsors

We are incredibly grateful to the local businesses for providing Summer Reading prizes. Thank you to Gibson City Farmer's Market, Love, Loida for a gift card, GC Car Wash, Ace Hardware, Recker's Mowing, and Monical's Pizza. We appreciate your generosity!

Chair Exercise Returns in September

We are thrilled that our chair exercise classes are returning in September. Jessica will be back at Moyer on Thursdays at 1PM. The first class is September 3. This fall, classes will last for 45 minutes.

Chair exercises are fitness routines done while sitting. They're designed to improve strength, flexibility, and balance. No experience is needed.

Classes are free. Please bring one dumbbell (1-3 pounds), if you have it. We will have some weights available to borrow. No sign up is needed. We encourage you to invite a friend to join you! All participants are required to sign a waiver.

Community Harm Reduction & Naloxone Training

Ford County Public Health and Gibson's ROSC are partnering together for a free training. Be Prepared to Save a Life will be presented Thursday, August 27 from 1:00 - 2:30 PM at Moyer.

This free community training will teach the basics of harm reduction and how to use naloxone in an overdose emergency. Everyone is welcome! You'll learn harm reduction 101, what harm reduction is (and isn't), how harm reduction supports health, safety, and recovery. Also covered: local harm reduction resources, Naloxone training, recognizing the signs of an opioid overdose, how to respond during an overdose emergency, how to administer naloxone (NARCAN®) and what to do after giving naloxone.

Possible Homebound Delivery

We had a potential volunteer reach out about homebound delivery. We would love your feedback. Please consider taking this short survey to help us gather information. We are currently gathering information about potentially offering this service in the future.

<https://forms.gle/ueRa3LQPbijoMsxWA>

Caregiver Support Group August Meeting

Ford County Public Health's Caregiver Support Group next meets on August 18 from 2-3:30. Kelly Messer, Caregiver Advisor, leads the group. If you cannot make this one, more will be held this fall. They meet at Moyer on the 3rd Tuesday of each month from 2-3:30 pm.

If you have questions, please reach out to Kelly at 217-379-9281. You're welcome to email her as well at: kmesser@fordcountyphd.org.

Dollar-a-Bag Book Sale

Our book sale shelf is currently full of used children's picture books. Now is a great time to pick up children's books for the low price of \$1 per bag! We also have some teen and adult books and a few DVDs. Our book sale runs year-round. We have two bookcases to select materials from. You never know what you'll find. Money from the sale helps purchase new library books.

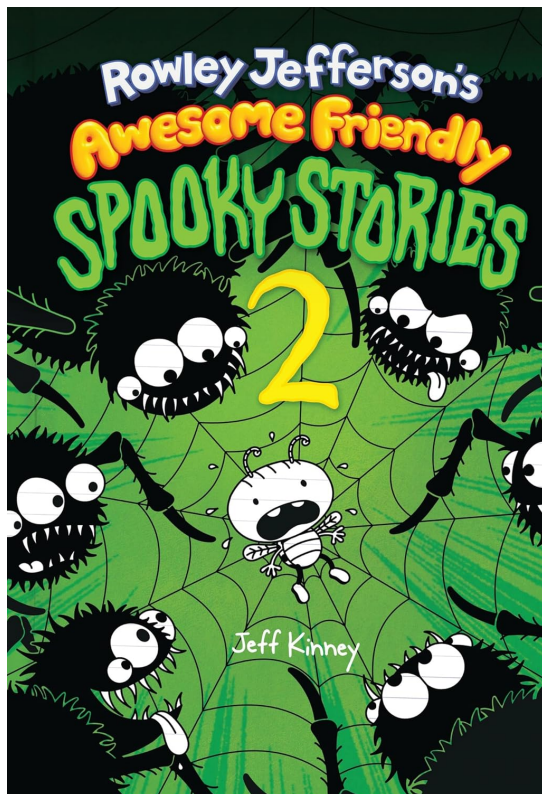
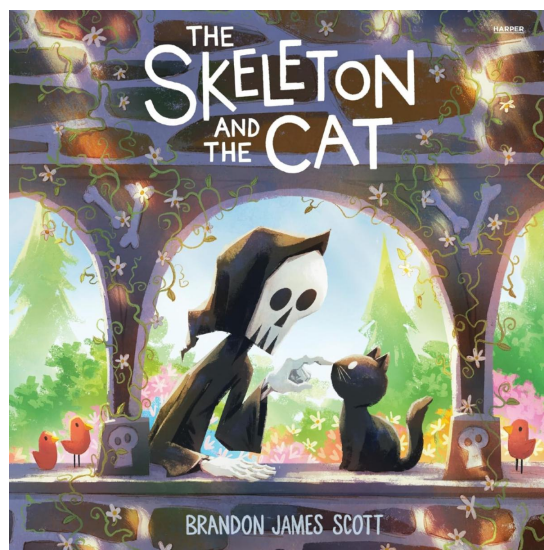
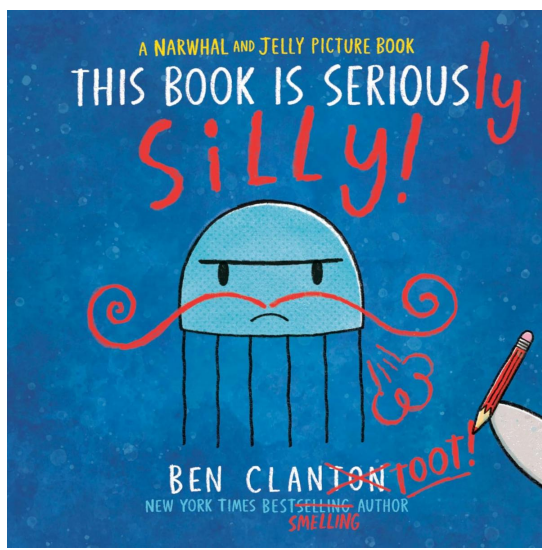
New Books & Movies

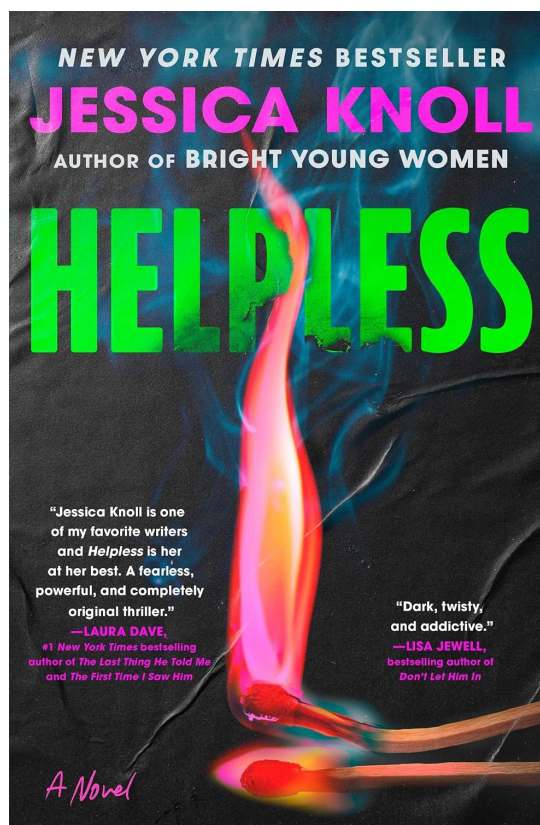
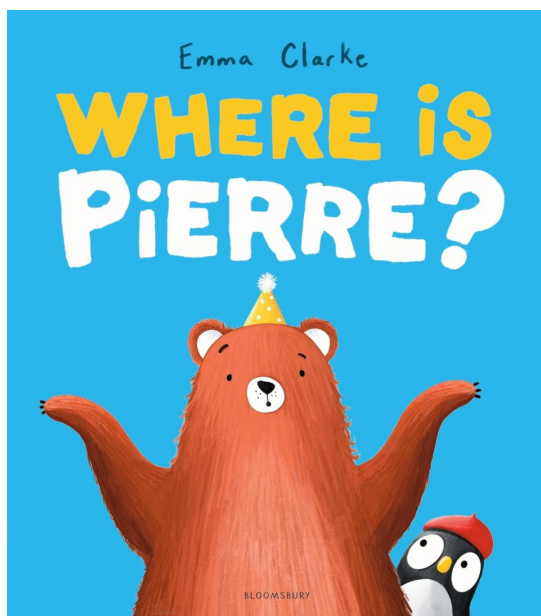
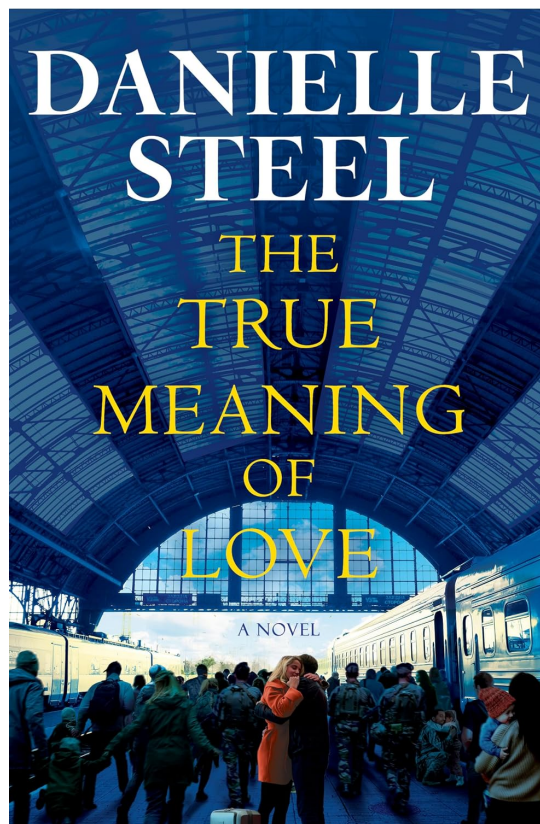
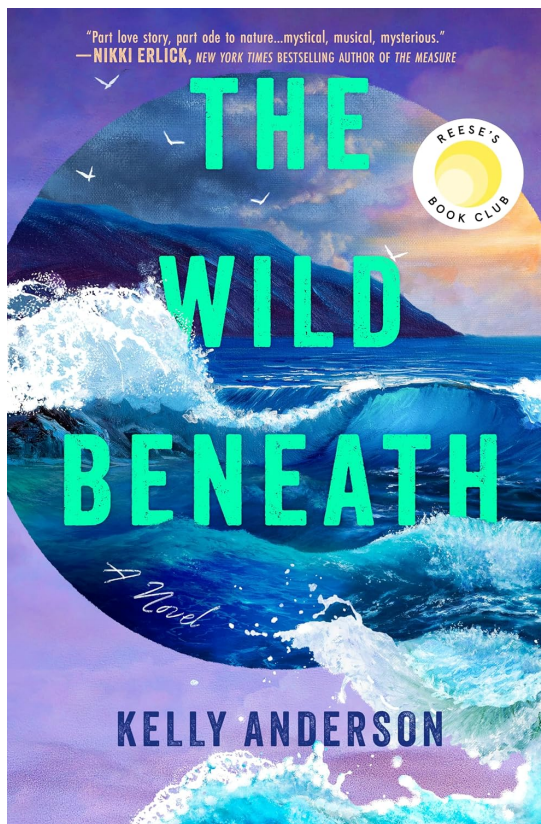
New Books

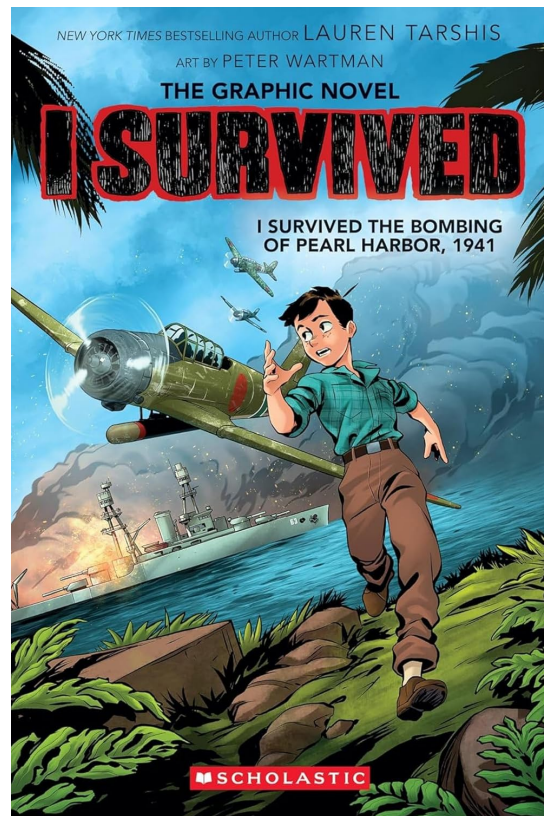
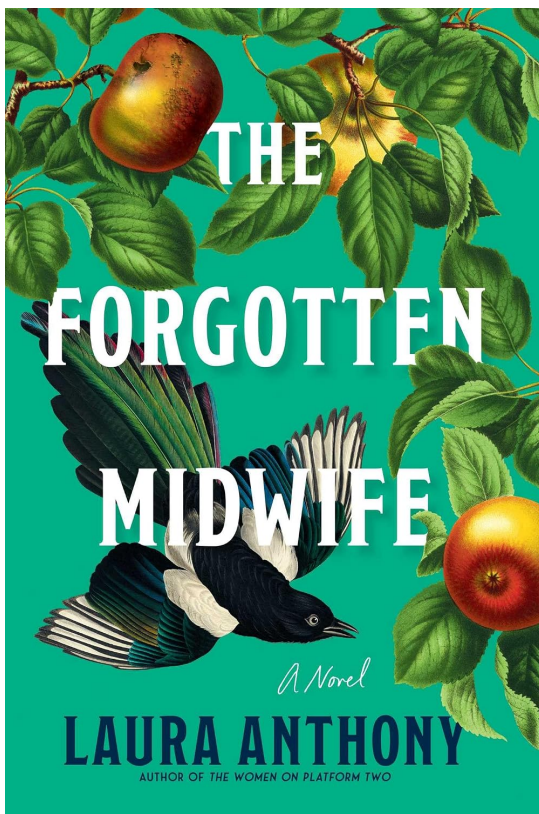
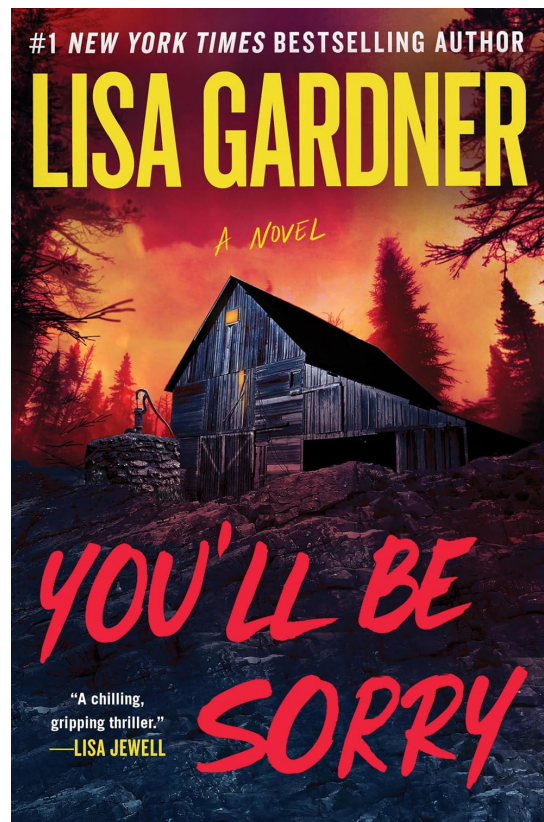
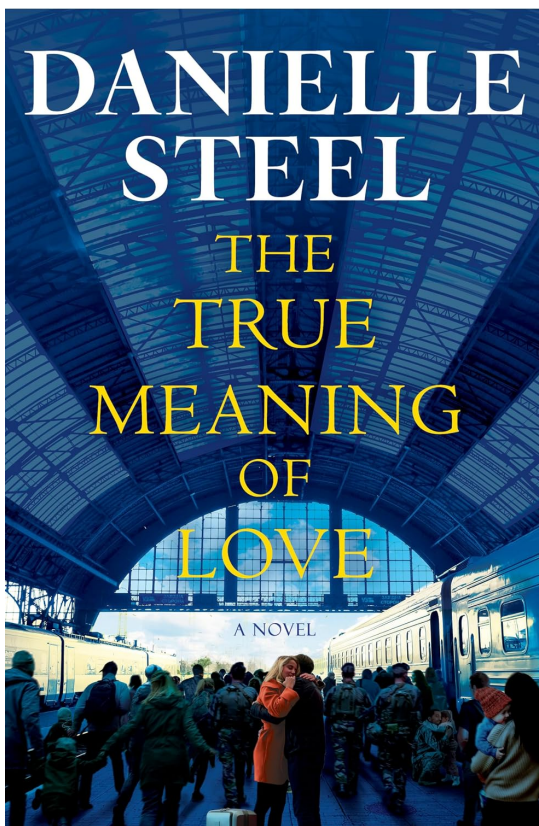
- Bluey's Heelerween (Picture Book)
- Deceptions by Jeffrey Deaver (Mystery)
- The Forgotten Midwife by Lauren Anthony (Historical Fiction)
- Helpless by Jessica Knoll (Large Print Mystery)
- Helpless by Jessica Knoll (Mystery)
- I Survived the Bombing of Pearl Harbor, 1941 by Lauren Tarshis (Middle Grade Graphic Novel)
- Probably Caws by Donna Andrews (Mystery)
- Rowley Jefferson's Awesome Friendly Spooky Stories 2 by Jeff Kinney (Middle Grade Fiction)
- The Secrets We Hide by Karin Slaughter
- The Shampoo Effect by Jenny Jackson (Fiction)
- The Skeleton and the Cat by Brandon James Scott (Picture Book)
- Spidey and His Amazing Friends: The Hangout Headache by Marvel (Easy Reader)
- This Book is Seriously Silly by Ben Clanton (Picture Book)
- Thousand Little Goodbyes by Lucy Gilmore (Fiction)
- The True Meaning of Love by Danielle Steel (Romance)
- The Unknown by Riley Sager (Mystery)
- Where is Pierre? By Emma Clarke (Picture Book)
- The Wild Beneath by Kelly Anderson (Fiction)
- The Woman in White by Sarah Pekkanen (Mystery)
- You'll Be Sorry by Lisa Gardner (Mystery)

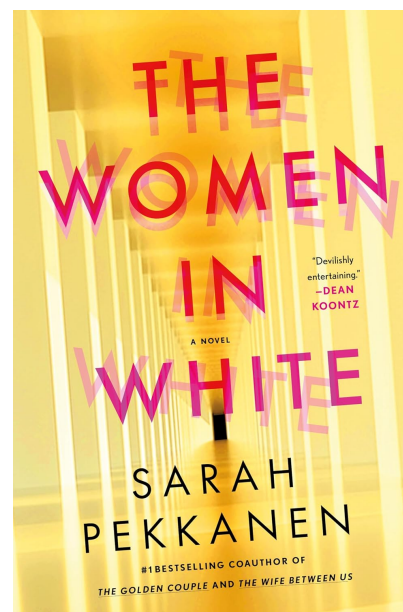
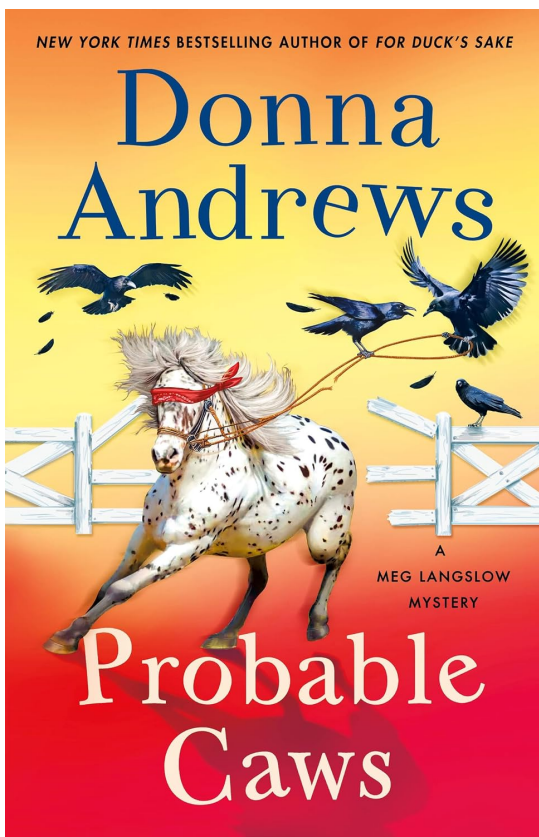
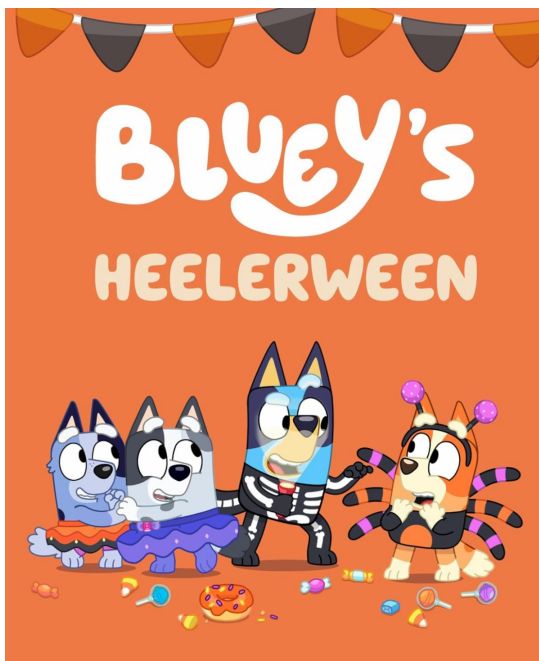
New Movies

- More next week!









moyer district library | 618 S. Sangamon Ave | Gibson City, IL 60936 US

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